



Adult Consent to Services

In a therapeutic relationship confidentiality is vital to the progress toward the goals in therapy. Communications between the client and his or her therapist are privileged and need not be disclosed by the therapist to a third-party unless you, the client, agrees in writing. No information about you or anyone else participating in counselling will be provided to anyone without your consent. This consent must be provided by each person participating in the counselling process. There are exceptions to confidentiality whereby the duty to report overrides this agreement. Exceptions to confidentiality are as follows:

- 1) Confidentiality does not apply to cases of suspected abuse/ neglect of children or the elderly.
- 2) Confidentiality does not apply to cases of potential harm to self or others.
- 3) If it is suspected that a child is experiencing physical, sexual or emotional abuse, Children's Aid Society will be notified and they will investigate the concerns.
- 4) Mental health professional may disclose confidential information in proceedings brought by a client against a professional.
- 5) Confidentiality does not apply to cases involving proceeding where records get subpoenaed by court.

Insurance and third-parties that invoice New Perspectives Counselling directly sometimes require personal identifying information, symptoms, treatment goals, prognosis, evaluation of progress, and other information before reimbursement is considered. Under these circumstances you will be notified prior to or during the first session.

Expectations of the therapy process...

There are certain risks involved in counselling. You may experience a variety of negative emotions during therapy as you remember unpleasant events. Seeking to resolve concerns between family members, marital partners, and other persons can similarly lead to discomfort as well as relationship changes that may not be originally intended. The greatest risk of counselling



is that it may not by itself resolve your concerns. The therapist will do his or her best to assess each area of concern and provide referrals to other sources if that is deemed necessary and appropriate. Caroline will not provide you with a clinical diagnosis. She will not provide you with a written copy of any reports or assessments, unless agreed upon prior to the commencement of therapy.

Court appearances...

If you and your spouse have a custody dispute, or any other dispute, or a court custody hearing is coming up, New Perspectives Counselling will need to know about it. Professional ethics prevents one therapist from engaging in both therapy and custody evaluations. New Perspectives Counselling and its associates will not appear in court on behalf of its clients under any circumstance. If the client has New Perspectives Counselling and/ or associates subpoenaed to appear in court, the client will be billed on an hourly basis at the rate of \$500/ hour. This fee is to deter individuals from asking lawyers to have personal records used in court for any purpose.

Fees...

Therapy is provided on a fee for service basis. OHIP does **NOT** pay for services rendered. Some private insurance policies do reimburse session fees upon proof of attendance (receipt). It is your responsibility to check with your provider **prior** to the first session. Current fees are \$125.00 per 50- minute session for individuals, \$145.00/ couple session and \$160.00/ Family. Invoices are payable in cash, cheque, e-transfer, Master Card or Visa at time of session. There will be a \$25 charge for each NSF cheque. Therapy will be discontinued until payment has been made. A late payment fee of 2% per month will be added for payments not received after 30 days of the date of service. Outstanding accounts of more than 60 days will result in professional collection services being used, increasing the chances of being recorded on a credit rating system.

Cancellations...

Please contact the office if you discover that you cannot attend a previously scheduled appointment. 48 hours-notice is required. The full fee of \$125.00/\$145.00/ \$160.00 will be charged in the event of a missed appointment.

New Perspectives Counselling Ltd.
Caroline Krupica & Associates



First Client: I, _____ understand and accept these terms.

Signature: _____

Date: _____

Second Client: I, _____ understand and accept these terms.

Signature: _____

Date: _____